

ENROLL IN SPORTS MEDICINE TODAY

Several TUSD high schools offer Sports Medicine programs.

Talk with your counselor and CTE teacher to determine what high school courses you need to take. You may earn Pima Community College credits for these courses as well.



*Contact your
counselor today!*

Find more information about Sports Medicine programs at:



<http://pima.edu>
<http://uofa.edu>
<http://asu.edu>
<http://nau.edu>

Tucson Unified School District does not discriminate on the basis of race, color, national origin, sex, sexual orientation, age, religion, or disability in admission or access to, or treatment or employment in, its education programs or activities.



Career and Technical Education

Lee Instructional Resource Center
2025 E. Winsett
Tucson, Arizona 85719

Phone: (520) 225-4652
Fax: (520) 225-4873

Sports Medicine

Career and Technical
Education

Tucson Unified School District
Tel: (520) 225-4652

TUSD'S Sports Medicine Program

Sports Medicine offers students an introduction to athletic injury assessment and evaluation. Students learn the specific mechanisms of athletic injuries and how they relate to human anatomy. There is an emphasis on the care and prevention of various athletic injuries that are prevalent in sports. Students are directly involved in identifying symptoms of injuries, implementing care techniques such as taping and wrapping and practicing hands-on evaluations. Academic skills relating to Language Arts and Science are vital to the successful completion of projects and



activities. Emphasis is placed on exploring related careers, career planning and preparation.

Demand for therapists and trainers will remain high as long as the public continues to participate in sports as a form of entertainment, recreation and physical conditioning.

SPORTS MEDICINE'S STUDENT ORGANIZATION

SkillsUSA is a national organization serving high school students enrolled in training programs in technical, skilled and service occupations. This organization prepares



*Visit the website at
www.skillsusa.org*

America's high performance workers by providing quality education experiences for students in leadership, teamwork, citizenship and character development. It builds and reinforces self-confidence, work attitudes and communication skills. It also emphasizes total quality at work, high ethical standards, superior work skills, life-long education and pride in the dignity of work. SkillsUSA also promotes understanding of the free enterprise system and involvement in community service activities. Programs include local, state and national competitions in which students demonstrate occupational and leadership skills. SkillsUSA programs also help to establish industry standards for job skill training in the classroom.

CAREER OPPORTUNITIES IN SPORTS MEDICINE

An increasing value is being placed upon physical fitness within our society. Consequently, Americans are engaging in more physical fitness programs, joining athletic clubs and being encouraged to participate in physical education and activity at all ages. Training and injury prevention are more important than ever.

Physical Therapist

Physical Therapy Aide

Dental, Medical Therapist

Occupational Therapist

Pharmacy Assistant

Recreational Therapist

Sports Instructor

Coach

Physical Training Instructor

Athletic Trainer

Fitness Instructor

Prosthetics

Respiratory Therapist

Athletic Director

Dietitian, Nutritionist

Career and Technical Education

Source: *Occupational Outlook Handbook*, ONET, <http://stats.bls.gov/oco/home.htm>, Bureau of Labor Statistics, U.S. Department of Labor.